

Carmen Nicula

Profil M Project Partner

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Languages

Romanian, English

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PROFIL M

Your Partner in Unlocking Lifelong Potential

I am a Senior Consultant, Trainer, Executive Coach, and Facilitator, specialized in leadership and management-focused professional development programs. With over 20 years of experience in human resources management, leadership, and people development, I have honed my expertise in areas such as executive coaching, maternity coaching, women in leadership programs, organizational culture development, leadership strategies, and strategic HR management consulting.

I have had the privilege of partnering with forward-thinking leaders and organizations across a range of industries, including Automotive, Manufacturing & Materials, Retail & FMCG, IT/Technology, Healthcare, and Utilities/Public services. My approach focuses on helping businesses and individuals unlock their potential, and I have worked with companies of all sizes, from small businesses to large multinational corporations.

I held senior leadership roles in HR at well-known organizations such as SCR Group, Electrolux Romania, Rigips Romania, and FrieslandCampina Romania, where I served as the Human Resources Director and was a member of the Executive Board. These experiences provided me with a strategic understanding of HR, leadership, and organizational transformation that I now bring to my consulting work.

Guided by my core values of honesty, openness, and trust, I strive to support organizations and individuals in leveraging their strengths to make meaningful changes in their lives and careers.

My expertise for you

- Design and delivery of leadership development programs
- Executive coaching to help leaders enhance their personal and professional effectiveness
- Women in leadership programs, design and facilitation of initiatives aimed at empowering women to take on leadership roles and thrive in organizational settings
- Organizational culture development and leadership strategies, design of tailored programs to align leadership with organizational values and drive cultural transformation
- Consulting in strategic HR management, providing expert guidance on HR strategy to optimize organizational performance, talent development, and employee engagement

Special skills

- PhD, Psychology, Industrial and Organizational Psychology, Faculty of Psychology, Babes-Bolyai University, Cluj-Napoca
- MA, Human Resource Management, Faculty of Psychology, Babes-Bolyai University, Cluj-Napoca
- Certified Trainer with a Train-the-Trainer (TTT) certification accredited by ANC (National Authority for Qualifications)
- Hogan Certification
- Certified Coach, ICF

Selected customers

- Mercedes Benz
- Continental
- Saint Gobain
- Steelcase
- Leoni
- Zollner