

Jacomine Blok

Profil M Project Partner

+31 64088 2323

jacomine@hundreddays.nl

Languages

Dutch, English

www.profil-m.de

PROFIL M

I am both human and result driven, blessed with a lot of positive energy!

I'm known for my energy and my positive attitude.

Every training program I provide is interactive and personal. The focus is on the confrontation of each participant's responsibility and contribution to the whole. I give advice and share my experience, knowledge and skills. With valuable tools, participants put their lessons to practice, in order to achieve the development goals that were agreed upon.

I strongly do believe in embedment and integration during and in between the training sessions to enable you and your team to achieve long lasting results.

My 20+ years of experience in business, in different commercial management positions in the recruitment sector, have shaped me into who I am today. Discovering talent and developing people and teams are recurring themes in my career. I am people-oriented and result-oriented.

In my opinion a good collaboration always starts with responsibility, trust and freedom. As a business partner I encourage you to look with different eyes. To investigate what decisions you need to make to establish a healthy work environment and to achieve growth and success.

My expertise for you

- Founder of Hundred Days, www.hundreddays.nl
- Experienced coach and trainer in the fields of Leadership, Sales, Communication, Time management
- Strong believer in the concept of life long learning
- Tailor made programs for managers and teams
- Facilitation of workshops and large groups
- Individual and team coaching sessions for specialists and managers

Special skills

- Insights Discovery Accreditation, Insights Benelux, 2020
- Senior Practitioner Coach, Senior Practitioner level, NOBCO/EMCC accreditation, 2019
- Life- and Career Coach, Practitioner level, NOBCO/EMCC accreditation, 2018
- Professional Instructor & Top Trainer, Coaching Academy International, 2018
- The Self – Conscious Coach, Practitioner level, NOBCO/EMCC accreditation, 2017
- Team Coaching, Coaching Academy International, 2017
- Professional Coach, Foundation level, NOBCO/EMCC, accreditation, 2016

Selected customers

- Sterksen
- Burdock
- Octas
- Dignitas
- Adidas
- FedEx

Selected publications

- Several studies via Coaching Academy International
- Insights Discovery Benelux
- Business School Notenboom/University of Applied Services